

MINNESOTA ONE HEALTH ANTIBIOTIC STEWARDSHIP COLLABORATIVE

The Centers for Disease Control and Prevention (CDC) calls antibiotic resistance one of our most serious health threats.

Antibiotic resistance causes at least 2 million illnesses in Americans each year, with 23,000 deaths.



MN Health Agencies Are Committed to Combatting Antibiotic Resistance by Improving Antibiotic Use Together

- Minnesota Departments of Health and Agriculture, Minnesota Pollution Control Agency, and Board of Animal Health will work together to:
 - Improve use of antibiotics in human and animal health to prevent development of resistance.
 - Understand the impact of antibiotics in the environment.
- On July 1, 2016, a five-year strategic plan was launched.



How Can You Use Antibiotics Responsibly?

- Prevent infections by hand washing, vaccination, and food safety.
- Ask your doctor about symptom relief without antibiotics when diagnosed with a viral illness.
- Take antibiotics exactly as prescribed.
- Discard any leftover medication as recommended.
- Ask your doctor about vaccines to prevent infections treated with antibiotics.

What is One Health?

One Health is the recognition that human, animal, and environmental health are interconnected.

Humans are at their healthiest when animals and the natural environment are well taken care of, too.

The goal of One Health initiatives is to work collaboratively, across sectors, to improve the health of all.

